

# Daily Affirmations FOR LEADERS

Select an affirmation to repeat  
several times a day.

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- I am confident, competent, and calm.
- I am enough.
- I am uniquely designed and equipped for this work.
- I am destined for greatness.
- I choose grit and grace.
- I am worthy of love and respect.
- My work does not determine my worth. I do.
- I am here for a reason.
- I choose faith over fear.
- My selfcare is a priority not a luxury.
- I fully accept myself.
- I give myself permission to feel.
- I choose a positive outlook.
- I choose progress over perfection.
- It is okay to ask for and accept help.

